

MARKET AT A GLANCE

Wednesday, 22 July 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	52224.64	0.74
Shanghai	3857.17	-0.19
Sensex	77470.11	-0.31
MSCI Asia Pacific	266.584	2.25

Currencies

Currencies	Rate	% Chg
USDINR	96.23	-0.22
EURUSD	1.1402	0.04
USDJPY	163.15	-0.01
Dollar Index	101.167	-0.01

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4126.90	1.24
Silver (\$/oz)	60.02	1.87
NYMEX Crude Oil (\$/bbl)	85.61	1.51
NYMEX NG (\$/mmbtu)	2.901	1.26
LME Copper (\$/T)	13885	-0.34
LME NICKEL (\$/T)	17085	0.00
LME LEAD (\$/T)	1871.5	0.19
LME ZINC (\$/T)	3557	0.25
LME ALUMINIUM (\$/T)	3157	-0.14

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	144709	1.57
Silver mini	229230	1.33
Crude oil	8181	0.83
Natural Gas	279.9	1.64
Copper	1339	0.05
Nickel	1667.70	0.11
Lead	198.35	-0.58
Zinc	376.90	0.12
Aluminium	342.30	-0.36

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Stiff support is seen at \$4000, which if hold expect mild recovery upticks.	↔
Silver LBMA Spot	While below \$60 weak bias may continue in the counter. Upside reversal point is placed at \$70.	↔
Crude Oil NYMEX	As long as prices stay above \$68 expect mild recovery rallies for the day.	↔
MCX	Technical Commentary	Outlook
Gold KG Aug	Prices remains choppy with chances for mild recovery upticks.	↔
Silver KG Jul	Choppy trading expected initially. However, upside turnaround point is seen at Rs 253000.	↔
Crude Oil Aug	As long as prices stay above Rs 7850 expect to continue upticks for the day.	↔
Natural Gas Jul	Stiff support below Rs 272 would extend selling pressure. Else mild recovery upticks expected.	↔
Copper Jul	Upticks likely to continue while prices stay above the stiff support of Rs 1300. Downside turnaround point is seen at Rs 1180.	↔
Nickel Jul	Support is placed at Rs 1550, which if cleared would extend weakness.	↔
ZincM Jul	Corrective selloffs are likely but stiff support is placed at Rs 350.	↔
LeadM Jul	Expect choppy trading but major support is placed at Rs 195.	↔
Alumini Jul	Choppy trading expected. However, major selloffs are seen only below at Rs 324.	↔

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD AUG6	142113	141666	141176	142603	143050	143540	143987
	GOLDM SEP6	142069	141662	141231	142500	142907	143338	143745
	GOLDGUINEA JUL6	114615	114222	113870	114967	115360	115712	116105
	SILVER SEP6	220596	217515	215830	222281	225362	227047	230128
	SILVERM NOV6	228877	226950	225779	230048	231975	233146	235073
	SILVERMIC NOV6	228989	227034	225878	230145	232100	233256	235211
BASE METALS	COPPER AUG6	1334.0	1324.0	1317.0	1340.9	1350.9	1357.9	1367.9
	LEAD AUG6	198.8	199.5	199.5	198.8	198.0	198.0	197.3
	ZINC AUG6	370.6	368.8	367.1	372.2	374.0	375.7	377.5
	ALUMINIUM AUG6	341.6	339.5	338.1	343.0	345.0	346.4	348.5
ENERGY	NATURALGAS JUL6	274.0	272.7	270.3	276.4	277.7	280.1	281.4
	CRUDEOIL AUG6	7931	7749	7639	8041	8223	8333	8515
INDICES	MCX BULLDEX	21766	10883	21766	10883	21766	10883	21766

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD JUL26	4004.8	3995.6	3988.6	4011.8	4021.0	4028.0	4037.2
	SILVR 5000 JUL26	55.66	54.93	54.21	56.38	57.11	57.83	58.56
	LIGHT CRUDE SEP6	80.36	77.75	75.24	82.87	85.48	87.99	90.60
	NAT GAS AUG26	2.81	2.78	2.73	2.86	2.89	2.94	2.97
	HG COPPER JUL26	6.22	6.13	6.08	6.27	6.36	6.40	6.49
LME	ZINC	3075	3131	2981	3225	3169	3319	3263
	LEAD	1856	1887	1834	1909	1878	1931	1900
	ALUMINIUM	1921	2648	1852	2717	1990	2786	2059

BULLISH 
 BEARISH 
 MLD BULLISH 
 MILD BEARISH 
 +RANGE BOUND 
 - RANGE BOUND 

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